



M E N U

T H E S O C I A L S O C I E T Y

In our kitchen we provide **vegan / vegetarian** healthy, wholesome and nutritious food options combined with boutique coffee, quirky cakes, cold pressed juices and smoothies.

We get excited by fresh produce and its endless possibilities; the texture, the colour and the variety. It's the way we believe fresh food should be with all its beautiful imperfections. Where possible, we choose to use ethically, organic sourced local products and produce from Exmouth, Carnarvon and Perth.

At times, certain options on our menu may be unavailable. As we prepare every dish fresh to order there will occasionally be a longer wait than usual, especially if the restaurant is full. We appreciate your patience and understanding.

Take Away:

All items on our menu are also available as **takeaway [extra charge +\$0.5]**. Please bring your own container, coffee cup or glass jar for a \$0.5 discount.

Please check out our cabinet and specials board for irresistible daily offerings including a selection of raw vegan sweet delights.

S U S T A I N A B I L I T Y

We aim to showcase and support positive sustainable practices by consciously and consistently enforcing waste minimization.

For example, we recycle and reuse our containers, all of our food waste is separated and used for chicken food or is composted. We use environmentally certified cleaning products, eco lighting and recycled paper products.

We serve our drinks with reusable stainless steel straws, this saved over 7000 single-use straws from entering Exmouth landfill in 2017 from our venue alone. We serve our takeaway food in biodegradable/compostable packaging and we support customer's initiative by rewarding those who choose to byo cups, containers and jars for \$0.5 discount. We encourage the use of our boomerang cups/jars if someone forgets their own. Coffee grinds are saved and used as either compost or given to customers for projects. [please let the staff know if you would like us to keep some aside for you]

Exmouth is a sun filled coastal town and has 320 days of sunshine a year - we are proud to say that most of our shop is powered by solar energy.

By choosing a plant-based diet and reducing our consumption of animal products, we are able to reduce the significant environmental impact that food choices make on our planet. According to the latest environmental research done by the un, it takes 100-200 times more water to produce a kilo of beef than it does to grow a kilo of plant foods. By choosing to eat a vegetarian diet, you can cut your food carbon footprint in half.

Talk about feel good food, your visit helps support our environmental efforts!

Our biggest thanks!

*Please let us know if you have any dietary requirements and we will do our best to accommodate.
GF = Gluten Free | DF = Dairy Free | VA = Vegan Available | PA = Paleo Available
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C O F F E E S
DARKSTAR COFFEE, PERTH

Espresso	3.5
Double Espresso, Short Macchiato, Long Black	4
Cappuccino, Latte, Flat White, Mocha	4.5
Long Macchiato, Café Au Lait [Milk Coffee]	5
Affagato	6
Mylk Choices: organic bonsoy, coconut , almond, macadamia, oats, lactose free milk	+0.5
Bullet Proof: add a shot of organic coconut oil for energy boost	+1

I C E D [Take Away +0.5]

Iced Coffee Frappe	8.5
two coffee shots, vanilla, coconut sugar, ice, regular milk	
Iced Latte	7.5
two coffee shots, regular milk, ice	
Iced Golden Latte	8.5
turmeric, pepper, cinnamon and vanilla, regular milk & exmouth bush honey, ice [caffeine free]	
Iced Matcha	8.5
ground green tea leaves with regular milk & exmouth bush honey, ice	
Iced Chai	7.5
aromatic spices, turmeric, organic tea, regular milk, ice	
Iced Chocolate	7.5
raw cacao, raw sugar, regular milk, ice	
Milk Shake	8
ice cream, regular milk banana strawberry chocolate vanilla mango	

O T H E R H O T S

Golden Latte	5
turmeric, pepper, cinnamon and vanilla, regular milk, rich in antioxidants [caffeine free] [take away 12oc 6.00]	
Matcha Latte	5
ground green tea leaves with regular milk [take away 12oc 6.00]	
Hot Chocolate	5
cocoa, raw sugar, regular milk & chili [optional] [take away 12oc 5.00]	

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LOOSE LEAF TEA

love tea ~ fairly source organic
pot - 2 cups

English Breakfast, Jasmine Green, Peppermint, Chamomile, Earl Grey [take away 12oc 4.00] 5

refill of hot water +3

Chai Latte 5.5

aromatic spices, turmeric, organic tea, exmouth bush honey, regular milk, rich in antioxidants (loose leaf chai in a pot | 2 cups)
[Take Away 12oc 4.50]

TEA BLENDS

Calming | chamomile, 5.5

peppermint, lemon balm, lavender
a blend of organic herbs, to calm the nervous system, reduce stress & help you relax into a more peaceful state of wellbeing. [caffeine free]
[take away 12oc 4.50]

Skin Glow | spearmint, 5.5

burdock root, echinacea, calendula, red clover
a blend of organic herbs specifically designed to help detoxify the body and encourage radiant, glowing skin. [caffeine free]
[take away 12oc 4.50]

Detox Tea | nettle leaf, 5.5

dandelion and burdock, a blend of organic herbs to help support healthy function of the liver and kidneys, and aid the clearance of toxins. this is an earthy and grounding blend, offering grassy notes of nettle, with hints of sweet fennel and ginger.
[take away 12oc 4.50]

Womens Wellness | sage, 5.5

peppermint, licorice root, red clover, lavender, lemon balm, a blend of organic herbs to help support women's health, support the nervous system, help regulate hormonal balance, and reduce the severity of hot flushes.
[caffeine free]
[take away 12oc 4.50]

OTHER LIQUIDS

Coconut Water 5

Gypsy Elixirs Kombucha (Subject To Availability) 8.5

Joy Tonic | passionfruit, chamomile, lemon balm, linden flower, lemon myrtle, motherwort, st john's wort, organic kombucha

Immunity | lemongrass, ginger, lime, mint, elderflower, cats claw, echinacea, organic kombucha

Longevity | blueberries, hibiscus, gynostemma, ashwagandha, he shou wu, schizandra, goji, inca, hawthorn, organic kombucha

Digestive | pineapple, ginger, cinnamon, star anise, all spice, fennel, liquorice, marshmallow root, pepper, vanilla, clove, organic kombucha

Please Check Our Cabinet For More Cold Drink Offerings.

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GOOD SMOOTHIES [Take Away +0.5]

Hale To The Kale apple, hemp seeds, avocado, kale, ginger, lemon, coconut water	9.5	Protect Ningaloo blueberries, banana, butterfly pea powder, ginger coconut sugar, coconut mylk	11
Super Cacao & Banana Blend banana, almond mylk, dates, raw cacao, cinnamon	9.5	<i>**we love the place we live in and we like to keep it that way! that's why we donate \$3 when you purchase this smoothie to support the local initiative protect ningaloo (www.protectningaloo.org.au)</i>	
Berry Breakfast berries, almond mylk, honey, ginger, lemon, chia seeds	9.5	Spirulina Lassi mango, spirulina, coconut oil, lemon, maple syrup, coconut mylk	11
Bananarama bananas, dates, almond mylk	9.5	Peanut peanut butter, salt, banana, dates, vanilla, almond mylk,	11
Strawberry Goji Lassi coconut mylk, banana, strawberries, goji berries	9.5	Wake Me Up coffee shot, raw cacao, maca, dates, banana, almond mylk	11
		Raspberry Hemp raspberries, banana, hemp seeds, almond mylk, ice	11
		Add Some More Goodness spirulina, maca powder, bee pollen, chia seeds, hemp seeds, raw cacao, acai powder, organic coconut oil, oats, vegan protein powder [+1.5]	+1ea

ACAISMOOTHIE BOWL take away [+0.5]

topped with house granola, fresh fruits, bee pollen, cacao nibs,
coconut and chia seeds

loving earth acai, banana, dates, almonds, berries, almond mylk, ice			18.5
gluten free granola [+2]			

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C O L D P R E S S E D J U I C E S Take Away [+0.5]

Vitamin Sea	9	A Paradise Of Refreshmint	9
carrots, orange, ginger		pineapple, mint, lemon, apple	
add a pinch of turmeric and a spoon of honey for extra cold & flu fighting power	[+1]		
Aloha	9	Make Your Own	9
pineapple, orange, watermelon		your choice of either orange, apple or watermelon with 2 other options:	[Extra Fruit +0.5]
Fountain Of Youth	9	cucumber, kale, lemon, carrot, ginger, pineapple, beetroot, mint, parsley, tomatoes	
lemon, apple, beetroot, ginger, kale			
Green Power	9	Straight	7
apple, cucumber, kale, lemon, coconut water		orange or apple or watermelon	
In A Heart Beet	9		
beetroot, apple, carrot, lemon, ginger			

F O R T H E C H E R U B S Take Away [+0.5]

Babychino	2.50
mylk choices organic bon soy, coconut , almond [+0.5]	
Kids Shake	5
banana strawberry chocolate vanilla ice cream, regular milk	
Egg On Toast	9.5
organic egg on organic sourdough, organic butter [gluten free sourdough +1]	
Avo On Toast	9.5
avocado on organic sourdough [gluten free sourdough +1]	
Sophia's Kids Banana Pancake Stack	9.5
coconut yoghurt, berries, banana, 100% pure maple syrup [gluten free & vegan]	

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M O R N I N G 7 AM - 1:30 PM

Housemade Granola With Fruit seasonal fruit, pistachio, exmouth honey & organic yoghurt [make it vegan coconut yoghurt +3] [gf gluten free granola +3]	16
Vegan Banana Pancake Stack coconut yoghurt, berries, banana, 100% pure maple syrup, pistachios [gluten free & vegan]	18.5
Eggs On Toast two free range eggs (poached, fried or scrambled), organic sourdough & organic butter [gluten free sourdough +2] [gf two pieces paleo pumpkin bread +5.5]	14.5
Turkish Fried Eggs two free range fried eggs, haloumi, mint, yoghurt, garlic, green harissa, toasted almonds, kale chips on organic sourdough [gluten free sourdough +2] [gf two pieces paleo pumpkin bread +5.5]	21.5
Mushroom Omelette free range eggs, field mushrooms, spinach, baked almond feta & organic sourdough [gluten free sourdough +2] [gf two pieces paleo pumpkin bread +5.5]	19
Avocado On Sourdough biodynamic avocado, pepitas, organic feta, beetroot chips, activated charcoal salt, chili on organic sourdough [add an free range egg +3] [make it vegan - baked almond feta +2.5] [gluten free sourdough +2] [two pieces of paleo pumpkin bread +5.5]	19.5
Tomato Dukkha Eggs two free range poached eggs, fresh tomatoes, almond sesame dukkha, greens, maple & organic sourdough	20
Smashed Pumpkin almonds, chickpeas, organic feta, alfalfa, coriander, cumin, fennel on organic sourdough [add an organic egg +3] [make it vegan - baked almond feta +2.5] [gluten free sourdough +2] [two pieces of paleo pumpkin bread +5.5]	20

O N T O P

[one free range egg +3] [organic feta +3]
[haloumi +4]
[baked almond feta +3] [vegan brie +3]
[coconut yoghurt +3] [beetroot hummus+3] [vegan aioli +3]
[raw or wilted spinach +3] [grilled tomato +3] [avocado +4]
[mushrooms +4] [pink sauerkraut +4] [spiced pumpkin wedge +3]
[green leaf side salad +6]

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N O O N 11 AM - 1:30 PM

- Gatherers Plate** | haloumi, zucchini ribbons, beetroot hummus, 22
cherry tomatoes, activated quinoa, dukkha, greens, mint,
coriander, sumac poached egg & organic sourdough
[make it vegan baked almond feta & avocado + 2.5]
- SoSo Good Veggie Stack Burger** | grilled sweet potato, field 20.5
mushroom, capsicum, caramelized onion, sauerkraut, greens,
vegan aioli on a traditional burger bun
[vegan]
[gluten free paleo burger bun +3 *subject to availability]
[add haloumi +4] [add vegan brie +4]
- Penne Bolognese** | brown rice penne, lentils bolognese, house 22
cashew cream & cashew 'parmesan'
[vegan & gluten free]
- Nacho Bowl** | organic black beans, avocado smash, house cashew 22
sour cream, sauerkraut, pickled onions, organic cherry
tomatoes & hot sauce
[vegan & gluten free]

o n t o p

[one free range egg +3] [organic feta +3]
[haloumi +4]
[baked almond feta +3] [vegan brie +3]
[coconut yoghurt +3] [beetroot hummus+3] [vegan aioli +3]
[raw or wilted spinach +3] [grilled tomato +3] [avocado +4]
[mushrooms +4] [pink sauerkraut +4] [[spiced pumpkin wedge +3]
[green leaf side salad +6]

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