



M E N U

T H E S O C I A L S O C I E T Y

In Our Kitchen We Provide **Vegan / Vegetarian** Healthy, Wholesome And Nutritious Food Options Combined With Boutique Coffee, Quirky Cakes, Cold Pressed Juices And Smoothies.

We Get Excited By Fresh Produce And Its Endless Possibilities; The Texture, The Colour And The Variety. It's The Way We Believe Fresh Food Should Be With All Its Beautiful Imperfections. Where Possible, We Choose To Use Ethically, Organic Sourced Local Products And Produce From Exmouth, Carnarvon And Perth.

At Times, Certain Options On Our Menu May Be Unavailable. As We Prepare Every Dish Fresh To Order There Will Occasionally Be A Longer Wait Than Usual, Especially If The Restaurant Is Full. We Appreciate Your Patience And Understanding.

Take Away:

All Items On Our Menu Are Also Available As **Takeaway [Extra Charge +\$0.5]**. Please Bring You Own Container, Coffee Cup Or Glass Jar For A \$0.5 Discount.

Please Check Out Our Cabinet And Specials Board For Irresistible Daily Offerings Including A Selection Of Raw Vegan Sweet Delights.

S U S T A I N A B I L I T Y

We Aim To Showcase And Support Positive Sustainable Practices By Consciously And Consistently Enforcing Waste Minimization.

For Example, We Recycle And Reuse Our Containers, All Of Our Food Waste Is Separated And Used For Chicken Food Or Is Composted. We Use Environmentally Certified Cleaning Products, Eco Lighting And Recycled Paper Products.

We Serve Our Drinks With Reusable Stainless Steel Straws, This Saved Over 7000 Single-Use Straws From Entering Exmouth Landfill In 2017 From Our Venue Alone. We Serve Our Takeaway Food In Biodegradable/Compostable Packaging And We Support Customer's Initiative By Rewarding Those Who Choose To Byo Cups, Containers And Jars For \$0.5 Discount. We Encourage The Use Of Our Boomerang Cups/Jars If Someone Forgets Their Own. Coffee Grinds Are Saved And Used As Either Compost Or Given To Customers For Projects. [Please Let The Staff Know If You Would Like Us To Keep Some Aside For You]

Exmouth Is A Sun Filled Coastal Town And Has 320 Days Of Sunshine A Year - We Are Proud To Say That Most Of Our Shop Is Powered By Solar Energy.

By Choosing A Plant-Based Diet And Reducing Our Consumption Of Animal Products, We Are Able To Reduce The Significant Environmental Impact That Food Choices Make On Our Planet. According To The Latest Environmental Research Done By The Un, It Takes 100-200 Times More Water To Produce A Kilo Of Beef Than It Does To Grow A Kilo Of Plant Foods. By Choosing To Eat A Vegetarian Diet, You Can Cut Your Food Carbon Footprint In Half.

Talk About Feel Good Food, Your Visit Helps Support Our Environmental Efforts!

Our Biggest Thanks!

*Please let us know if you have any dietary requirements and we will do our best to accommodate.
GF = Gluten Free | DF = Dairy Free | VA = Vegan Available | PA = Paleo Available
All our gluten free dishes are gluten free by ingredients. We can not guarantee & take no responsibilities that there will not be any cross contamination.
Printed on recycled paper.*



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C O F F E E S
DARKSTAR COFFEE, PERTH

Espresso	3.5
Double Espresso, Short Macchiato, Long Black	4
Cappuccino, Latte, Flat White, Mocha	4.5
Long Macchiato, Café Au Lait [Milk Coffee]	5
Affogato	6
Mylk Choices:	+0.7
Organic Bonsoy Soy Mylk, Coconut , Almond, Macadamia, Oats, Lactose Free Milk	
Bullet Proof:	+1
Add A Shot Of Organic Coconut Oil For Energy Boost	

I C E D [Take Away +0.5]

Iced Coffee Frappe	9
Two Coffee Shots, Vanilla, Coconut Sugar, Ice, Regular Milk	
Iced Latte	7.5
Two Coffee Shots, Regular Milk, Ice	
Iced Golden Latte	9.5
Turmeric, Pepper, Cinnamon And Vanilla, Regular Milk & Exmouth Bush Honey, Ice [Caffeine Free]	
Iced Matcha	9.5
Ground Green Tea Leaves With Regular Milk & Exmouth Bush Honey, Ice	
Iced Chai	8.5
Aromatic Spices, Turmeric, Organic Tea, Regular Milk, Ice	
Iced Chocolate	7.5
Raw Cacao, Raw Sugar, Regular Milk, Ice	
Milk Shake	8.5
Ice Cream, Regular Milk Banana Strawberry Chocolate Vanilla Mango	

O T H E R H O T S

Golden Latte	6
Turmeric, Pepper, Cinnamon And Vanilla, Regular Milk, Rich In Antioxidants [Caffeine Free] [Take Away 12oc 6.00]	
Matcha Latte	6
Ground Green Tea Leaves With Regular Milk [Take Away 12oc 6.00]	
Hot Chocolate	5
Cocoa, Raw Sugar, Regular Milk & Chilli[Optional] [Take Away 12oc 5.00]	

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LOOSE LEAF TEA

Love Tea ~ Fairly Source Organic
Pot - 2 Cups

English Breakfast, Jasmine Green, Peppermint, Chamomile, Earl Grey [Take Away 12oc 4.00] **5.5**

Refill Of Hot Water +3

Chai Latte **6.5**

Aromatic Spices, Turmeric, Organic Tea, Exmouth Bush Honey, Regular Milk, Rich In Antioxidants (Loose Leave Chai In A Pot | 2 Cups)
[Take Away 12oc 4.50]

TEA BLENDS

Calming | Chamomile, Peppermint, Lemon Balm, Lavender **6.5**
A Blend Of Organic Herbs, To Calm The Nervous System, Reduce Stress & Help You Relax Into A More Peaceful State Of Wellbeing. [Caffeine Free]
[Take Away 12oc 4.50]

Detox Tea | Nettle Leaf, Dandelion And Burdock, A Blend Of Organic Herbs To Help Support Healthy Function Of The Liver And Kidneys, And Aid The Clearance Of Toxins. This Is An Earthy And Grounding Blend, Offering Grassy Notes Of Nettle, With Hints Of Sweet Fennel And Ginger. **6.5**
[Take Away 12oc 4.50]

Skin Glow | Spearmint, Burdock Root, Echinacea, Calendula, Red Clover **6.5**
A Blend Of Organic Herbs Specifically Designed To Help Detoxify The Body And Encourage Radiant, Glowing Skin. [Caffeine Free]
[Take Away 12oc 4.50]

Women's Wellness | Sage, Peppermint, Licorice Root, Red Clover, Lavender, Lemon Balm, A Blend Of Organic Herbs To Help Support Women's Health, Support The Nervous System, Help Regulate Hormonal Balance, And Reduce The Severity Of Hot Flushes. **6.5**
[Caffeine Free]
[Take Away 12oc 4.50]

OTHER LIQUIDS

Coconut Water **5**

Kombucha (Subject To Availability) **6.50**

Please Check Our Cabinet For More Cold Drink Offerings.

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GOOD SMOOTHIES [Take Away +0.5]

The Hemp Temple	11.5	Protect Ningaloo	11.5
Matcha, Maca, Hemp Seeds, Banana, Maple, Spinach & Coconut Mylk		Blueberries, Banana, Butterfly Pea Powder, Ginger Coconut Sugar, Coconut Mylk	
Super Cacao & Banana Blend	11.5	<i>**We Love The Place We Live In And We Like To Keep It That Way! That's Why We Donate \$3 When You Purchase This Smoothie To Support The Local Initiative Protect Ningaloo (Www.Protectningaloo.Org.Au)</i>	
Banana, Almond Mylk, Dates, Raw Cacao, Cinnamon		Peanut	11.5
Berry Breakfast	11.5	Peanut Butter, Salt, Banana, Dates, Vanilla, Almond Mylk	
Berries, Almond Mylk, Honey, Ginger, Lemon, Chia Seeds		Wake Me Up	11.5
Golden Goodness	11.5	Coffee Shot, Raw Cacao, Dates, Banana, Almond Mylk	
Mango, Banana, Fresh Ginger, Turmeric, Macadamias, Coconut Mylk		Raspberry Hemp	11.5
Strawberry Goji Lassi	11.5	Raspberries, Banana, Hemp Seeds, Almond Mylk, Ice	
Coconut Mylk, Banana, Strawberries, Goji Berries		Add Some More Goodness	+1ea
The Cool Off	11.5	Spirulina, Maca Powder, Bee Pollen, Chia Seeds, Hemp Seeds, Raw Cacao, Acai Powder, Organic Coconut Oil, Oats	
Mango, Cucumber, Mint, Spinach And Coconut H2O		Vegan Protein Powder [+1.5]	
The Royal Indulgent	11.5		
Banana, Raspberries, Cashews, Cacao, Dates Almond Mylk			

SMOOTHIE BOWL Take Away [+0.5]

Topped With House Granola, Fresh Fruits, Bee Pollen, Cacao Nibs,
Coconut And Chia Seeds

Mixed Berries, Banana, Dates, Almonds, Berries, Almond Mylk, Ice	21.5
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Gluten Free Granola [+2]

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C O L D P R E S S E D J U I C E S Take Away [+0.5]

Vitamin Sea	10	A Paradise Of Refreshmint	10
Carrots, Orange, Ginger Lemon		Pineapple, Mint, Lemon, Apple	
Add Turmeric And Black Cracked Pepper For Cold & Flu Fighting Power	[+1]	Mojito	10
Aloha	10	Lime, Apple, Mint, Basil	
Pineapple, Orange, Watermelon		Make Your Own	10
Fountain Of Youth	10	Your Choice Of Either Orange, Apple Or	[Extra Fruit +0.5]
Lemon, Apple, Beetroot, Ginger, Kale		Watermelon With 2 Other Options:	
Green Power	10	Cucumber, Kale, Lemon, Carrot, Ginger, Pineapple, Beetroot, Mint, Parsley, Tomatoes	
Pear, Apple, Zucchini, Kale, Lemon & Ginger		Straight	9
In A Heart Beet	10	Orange Or Apple Or Watermelon	
Beetroot, Apple, Carrot, Lemon, Ginger			

F O R T H E C H E R U B S Take Away [+0.5]

Babychino	2.50
Mylk Choices Organic Bon Soy, Coconut , Almond [+0.5]	
Kids Shake	6.5
Banana Strawberry Chocolate Vanilla Ice Cream, Regular Milk	
Egg On Toast	10.5
Organic Egg On Organic Sourdough, Organic Butter	
[Gluten Free Sourdough +1]	
Avo On Toast	11
Avocado On Organic Sourdough	
[Gluten Free Sourdough +1]	
Sophia's Kids Banana Pancake Stack	11
Coconut Yoghurt, Berries, Banana, 100% Pure Maple Syrup	
[Gluten Free & Vegan]	

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Brunch 7am-2pm

House Granola With Spiced Seasonal Fruit Passionfruit, Pistachio, Exmouth Honey & Organic Yoghurt [Make It Vegan Coconut Yoghurt +3] [Gf Gluten Free Granola +3]	17
Vegan Banana Pancake Stack Coconut Yoghurt, Berry Compote, Burned Banana 100% Pure Maple Syrup, Pistachio [Gluten Free & Vegan]	19.5
Eggs On Toast Two Free Range Eggs (Poached, Fried Or Scrambled), Organic Sourdough & Organic Butter [Gluten Free Sourdough +2]	16
Avocado On Sourdough Avocado, Feta, House Sauerkraut, Pepita Seeds, Activated Charcoal Salt, Chilli, Organic Sourdough [Add A Free Range Egg +3] [Make It Vegan - Whipped Almond Feta +2.5] [Gluten Free Sourdough +2]	21
Leek & Cauliflower Fritters Whipped Almond Feta, Tomato Salsa, Coriander & Rocket [Vegan & Gluten Free] [Add A Free Range Egg +3]	23
Truffle Mushrooms Mixed Mushrooms, Truffle Oil, Baked Polenta Cake, Spinach, Roast Cherry Tomatoes, Creamy Basil [Vegan & Gluten Free] [Add A Free Range Egg +3]	24.5
Spicy Eggs Two Free Range Poached Eggs, Haloumi, Yoghurt, Garlic, Green Harissa, Sriracha, Dukkah, Greens & Organic Sourdough [Gluten Free Sourdough +2]	24
Black Bean Tacos Black Beans, House Sauerkraut, Guacamole, Pico De Gallo, Coriander, Hot Sauce, Aioli & Lime [Vegan & Gluten Free]	22.5
Brekky Greens Two Poached Eggs, Wilted Kale & Spinach, Cherry Tomatoes, Whipped Almond Fetta, Dukkah, House Sauerkraut Make It Better [Add Halloumi +4] [Add Avocado +5] [Make It Vegan - Replace With Vegan Omelette]	24
Shakshuka Two Poached Eggs, Red & Yellow Pepper Sugo, Kale, Yoghurt, Crispy Chickpeas [Make It Vegan - Replace With Vegan Omelette]	24
The Burger House Beetroot & Brown Rice Patty, House Sauerkraut, Spinach, Aioli, Spicy Harissa, Rosemary & Sea Salt Potatoes [Vegan] [Gluten Free Bun +3 *Subject To Availability] [Add Halloumi +4] [Add Vegan Brie +4]	24.5

O N T O P

[One Free Range Egg +3] [Feta +3] [Halloumi +5] [Vegan Aioli +3]
[Whipped Almond Feta +3.5] [Vegan Brie +3.5 *Subject To Availability]
[Hummus+3] [Coconut Yoghurt +3] [Vegan Omelette +3] [Raw Or Wilted Spinach +3] [Grilled Tomato +3] [Truffle oil Mushrooms +5] [Pink Sauerkraut +4] [Avocado +5] [Green Leaf Side Salad +6] [Rosemary & Sea Salt Potatoes +5.5]

Please Order At The Counter.

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