



M E N U

T H E S O C I A L S O C I E T Y

In Our Kitchen We Provide **Vegan / Vegetarian** Healthy, Wholesome And Nutritious Food Options Combined With Boutique Coffee, Quirky Cakes, Cold Pressed Juices And Smoothies.

We Get Excited By Fresh Produce And Its Endless Possibilities; The Texture, The Colour And The Variety. It's The Way We Believe Fresh Food Should Be With All Its Beautiful Imperfections. Where Possible, We Choose To Use Ethically, Organic Sourced Local Products And Produce From Exmouth, Carnarvon And Perth.

At Times, Certain Options On Our Menu May Be Unavailable. As We Prepare Every Dish Fresh To Order There Will Occasionally Be A Longer Wait Than Usual, Especially If The Restaurant Is Full. We Appreciate Your Patience And Understanding.

Take Away:

All Items On Our Menu Are Also Available As **Takeaway [Extra Charge +\$0.5]**. Please Bring Your Own Container, Coffee Cup Or Glass Jar For A \$0.5 Discount.

Please Check Out Our Cabinet And Specials Board For Irresistible Daily Offerings Including A Selection Of Raw Vegan Sweet Delights.

S U S T A I N A B I L I T Y

We Aim To Showcase And Support Positive Sustainable Practices By Consciously And Consistently Enforcing Waste Minimization.

For Example, We Recycle And Reuse Our Containers, All Of Our Food Waste Is Separated And Used For Chicken Food Or Is Composted. We Use Environmentally Certified Cleaning Products, Eco Lighting And Recycled Paper Products.

We Serve Our Drinks With Reusable Stainless Steel Straws, This Saved Over 12000 Single-Use Straws From Entering Exmouth Landfill In 2021 From Our Venue Alone. We Serve Our Takeaway Food In Biodegradable/Compostable Packaging And We Support Customer's Initiative By Rewarding Those Who Choose To Byo Cups, Containers And Jars For \$0.5 Discount. We Encourage The Use Of Our Boomerang Cups/Jars If Someone Forgets Their Own. Coffee Grinds Are Saved And Used As Either Compost Or Given To Customers For Projects. [Please Let The Staff Know If You Would Like Us To Keep Some Aside For You]

Exmouth Is A Sun Filled Coastal Town And Has 320 Days Of Sunshine A Year - We Are Proud To Say That Most Of Our Shop Is Powered By Solar Energy.

By Choosing A Plant-Based Diet And Reducing Our Consumption Of Animal Products, We Are Able To Reduce The Significant Environmental Impact That Food Choices Make On Our Planet. According To The Latest Environmental Research Done By The Un, It Takes 100-200 Times More Water To Produce A Kilo Of Beef Than It Does To Grow A Kilo Of Plant Foods. By Choosing To Eat A Vegetarian Diet, You Can Cut Your Food Carbon Footprint In Half.

Talk About Feel Good Food, Your Visit Helps Support Our Environmental Efforts!

Our Biggest Thanks!

Please let us know if you have any dietary requirements & we will do our best to accommodate. All our gluten free dishes are gluten free by ingredients. We can not guarantee & take no responsibilities that there will not be any cross contamination.



B R U N C H F R O M 7 a m

House Granola With Seasonal Fruit Pistachio, Exmouth Honey & Organic Yoghurt [Make It Vegan Coconut Yoghurt +3.] [Gf Gluten Free Granola +3]	18
Vegan Banana Pancake Stack Caramelized Pineapple, Banana, Toasted Coconut, Pistachio & Tahini Maple [Make It Better Add Coconut Yoghurt +3] [Gluten Free & Vegan]	21
Eggs On Toast Two Free Range Eggs (Poached, Fried Or Scrambled), Toasted Organic Sourdough & Organic Butter	17
Avocado On Sourdough Smashed Avocado, Feta, Pickled Red Onion, Roasted Cherry Tomatoes, Activated Charcoal Salt, Chilli, Toasted Organic Sourdough [Make It Better Add A Free Range Egg +3.5] [Make It Vegan - Almond Feta +2.5]	22
Mushroom Stack Stuffed Portobello Mushrooms, Almond Fetta, Red Salsa, Greens, Avocado, Hummus & Pesto [Gluten Free & Vegan] [Make It Better Add A Free Range Egg +3.5]	23
Tomato Dukkah Eggs 2 Poached Free Range Eggs, Cashew Pesto, Cherry Tomatoes, Avocado, Rocket, Dukkah & Toasted Organic Sourdough	23.5
Spicy Eggs Two Free Range Poached Eggs, Halloumi, Yoghurt, Garlic, Green Harissa, Sriracha, Dukkah, Greens & Organic Sourdough	25
Zucchini & Corn Fritters Two Poached Eggs, Red Salsa, Greens & Chilli Jam [Gluten Free] Make It Better [Add Avocado +5.5]	25
Nacho Bowl Spinach, Nacho, Smokey Jackfruit, Corn, Jalapeno Avocado Smash, Pink Kraut, Pickled Onions, Cherry Tomatoes, Coriander & Hot Sauce, Aioli & Lime [Vegan & Gluten Free]	25
Poke Bowl Spinach, Quinoa, Carrot, Cucumber, Edamame, Tofu, Avocado, Pickled Ginger, Nori, Sesame Dressing and Sriracha Mayo. [Make It Better Add A Free Range Egg +3.5]	25
Black Bean Rendang Burger Black Bean & Sweet Potato Rendang Patty, Greens, Tomatoes, Avocado, Pickled Onion, Aioli, Snow Pea Sprouts & Baked Rosemary & Sea Salt Potatoes [Vegan] [Gluten Free Bun +3 *Subject To Availability] Make It Better [Add Halloumi +5.5] [Add Vegan Brie +5] [Add Avocado +5.5]	25.5

E X T R A S

[One Free Range Egg +3.5] [Feta +3.5] [Halloumi +5.5] [Vegan Aioli +3]
[Siracha Mayonnaise +3] [Almond Feta +4] [Vegan Brie +5 *Subject To Availability]
[Hummus +3.5] [Coconut Yoghurt +3] [Avocado +5.5]
[Raw Or Wilted Spinach +3.5] [Grilled Tomato +3.5]
[Mushrooms +5.5] [Baked Rosemary & Sea Salt Potatoes +6]
[Replace For Gluten Free Sourdough From Strange Grains +2.5]

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C O L D P R E S S E D J U I C E S Take Away [+0.5]

Vitamin Sea	10.5	A Paradise Of Refreshmint	10.5
Carrots, Orange, Ginger Lemon		Pineapple, Mint, Lemon, Apple	
Add Turmeric And Black Cracked Pepper For Cold & Flu Fighting Power	[+1]	Make Your Own	10.5
Aloha	10.5	Your Choice Of Either Orange, Apple Or	[Extra Fruit +0.5]
Pineapple, Orange, Watermelon		Watermelon With 2 Other	
Fountain Of Youth	10.5	Options:	
Lemon, Apple, Beetroot, Ginger, Kale		Cucumber, Kale, Lemon, Carrot, Ginger, Pineapple, Beetroot, Mint, Parsley, Tomatoes	
Green Power	10.5	Straight	10
Pear, Apple, Zucchini, Kale, Lemon & Ginger		Orange Or Apple Or Watermelon	
In A Heart Beet	10.5		
Beetroot, Apple, Carrot, Lemon, Ginger			

F O R T H E C H E R U B S Take Away [+0.5]

Babychino	3
Mylk Choices Organic Bon Soy, Coconut , Almond [+0.7]	
Kids Shake	7.5
Banana Strawberry Chocolate Vanilla Ice Cream, Regular Milk	
Egg On Toast	11
Organic Egg On Organic Sourdough, Organic Butter	
[Gluten Free Sourdough +1]	
Kids Pancakes	12
Coconut Yoghurt, Strawberries, 100% Real Maple	
[Gluten Free Sourdough +2]	
Cheese Toasty	10
Cheddar in Toasted Organic Sourdough, Organic Butter	
[Gluten Free Sourdough +2]	
Avo On Toast	12
Avocado On Organic Sourdough	
[Gluten Free Sourdough +1]	

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G O O D S M O O T H I E S [Take Away +0.5]

<p>The Hemp Temple 11.5 Matcha, Maca, Hemp Seeds, Banana, Maple, Spinach & Coconut Mylk</p>	<p>The Royal Indulgent 11.5 Banana, Raspberries, Cashews, Cacao, Dates Almond Mylk</p>
<p>Super Cacao & Banana Blend 11.5 Banana, Almond Mylk, Dates, Raw Cacao, Cinnamon</p>	<p>Protect Ningaloo 11.5 Blueberries, Banana, Butterfly Pea Powder, Ginger Coconut Sugar, Coconut Mylk</p>
<p>Berry Breakfast 11.5 Berries, Almond Mylk, Honey, Ginger, Lemon, Chia Seeds</p>	<p>Peanut 11.5 Peanut Butter, Salt, Banana, Dates, Vanilla, Almond Mylk</p>
<p>Golden Goodness 11.5 Mango, Banana, Fresh Ginger, Turmeric, Macadamias, Coconut Mylk</p>	<p>Wake Me Up 11.5 Coffee Shot, Raw Cacao, Dates, Banana, Almond Mylk</p>
<p>Strawberry Goji Lassi 11.5 Coconut Mylk, Banana, Strawberries, Goji Berries</p>	<p>Add Some More Goodness +1ea Spirulina, Maca Powder, Bee Pollen, Chia Seeds, Hemp Seeds, Raw Cacao, Acai Powder, Organic Coconut Oil, Oats Vegan Protein Powder [+1.5]</p>

S M O O T H I E B O W L Take Away [+0.5]

Please allow 25 min for preparation.

Topped With House Granola, Fresh Fruits, Cacao Nibs,
Coconut And Chia Seeds

Mixed Berries, Banana, Dates, Almonds, Berries,
Almond Mylk, Ice **22.5**

Gluten Free Granola [+2]



C O F F E E S
D A R K S T A R C O F F E E , P E R T H

Espresso	4
Double Espresso, Short Macchiato, Long Black	4.5
Cappuccino, Latte, Flat White, Mocha	5
Mug Size	6
Long Macchiato, Café Au Lait [Milk Coffee]	5.5
Affogato	7.50
Mylk Choices: Organic Bonsoy Soy Mylk, Coconut , Almond, Macadamia, Oats, Lactose Free Milk	+0.7
Bullet Proof: Add A Shot Of Organic Coconut Oil For Energy Boost	+1.50

I C E D [Take Away +0.5]

Iced Coffee Frappe	9.5
Two Coffee Shots, Vanilla, Coconut Sugar, Ice, Regular Milk	
Iced Latte	7.5
Two Coffee Shots, Regular Milk, Ice	
Iced Golden Latte	9.5
Turmeric, Pepper, Cinnamon And Vanilla, Regular Milk & Exmouth Bush Honey, Ice [Caffeine Free]	
Iced Matcha	9.5
Ground Green Tea Leaves With Regular Milk & Exmouth Bush Honey, Ice	
Iced Chai	8.5
Aromatic Spices, Turmeric, Organic Tea, Regular Milk, Ice	
Iced Chocolate	8.5
Raw Cacao, Raw Sugar, Regular Milk, Ice	
Milk Shake	9.5
Ice Cream, Regular Milk Banana Strawberry Chocolate Vanilla Mango	

O T H E R H O T S

Golden Latte	6
Turmeric, Pepper, Cinnamon And Vanilla, Regular Milk, Rich In Antioxidants [Caffeine Free] [Take Away 12oc 6.00]	
Matcha Latte	6
Ground Green Tea Leaves With Regular Milk [Take Away 12oc 6.00]	
Hot Chocolate	6
Cocoa, Raw Sugar, Regular Milk & Chilli[Optional] [Take Away 12oc 6.00]	

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LOOSE LEAF TEA

Love Tea ~ Fairly Source Organic
Pot - 2 Cups

English Breakfast, Jasmine Green, Peppermint, Chamomile, Earl Grey [Take Away 12oc 5.00] **5.5**

Refill Of Hot Water +3

Chai Latte **6.5**

Aromatic Spices, Turmeric, Organic Tea, Exmouth Bush Honey, Regular Milk, Rich In Antioxidants (Loose Leaf Chai In A Pot | 2 Cups)
[Take Away 12oc 5.50]

TEA BLENDS

Calming | Chamomile, **6.5**
Peppermint, Lemon Balm,
Lavender
A Blend Of Organic Herbs, To
Calm The Nervous System,
Reduce Stress & Help You Relax
Into A More Peaceful State Of
Wellbeing. [Caffeine Free]
[Take Away 12oc 6.00]

Detox Tea | Nettle Leaf, **6.5**
Dandelion And Burdock,
A Blend Of Organic Herbs To
Help Support Healthy Function
Of The Liver And Kidneys, And
Aid The Clearance Of Toxins.
This Is An Earthy And
Grounding Blend, Offering
Grassy Notes Of Nettle, With
Hints Of Sweet Fennel And
Ginger.
[Take Away 12oc 6.00]

Skin Glow | Spearmint, **6.5**
Burdock Root, Echinacea,
Calendula, Red Clover
A Blend Of Organic Herbs
Specifically Designed To Help
Detoxify The Body And
Encourage Radiant, Glowing
Skin . [Caffeine Free]
[Take Away 12oc 6.00]

Women's Wellness | Sage, **6.5**
Peppermint, Licorice Root, Red
Clover, Lavender, Lemon Balm,
A Blend Of Organic Herbs To
Help Support Women's Health,
Support The Nervous System,
Help Regulate Hormonal
Balance, And Reduce The
Severity Of Hot Flushes.
[Caffeine Free]
[Take Away 12oc 6.00]

OTHER LIQUIDS

Coconut Water **6**

Kombucha (*Subject To Availability) **6.5**

Please Check Our Cabinet For More Cold Drink Offerings.

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